

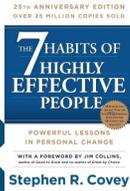
## Asotin County Community Services Employment Newsletter

Serving the Lewis-Clark Valley since 1973

*All people living, working, learning and playing in a community based on abilities, not disabilities.*

Our phone number: (509) 758-8349; Our website: [www.asotincommunityservices.com](http://www.asotincommunityservices.com)

June 2017 Edition Designed by Vanessa Lombard; Edited by Cynthia Tierney



### GLOSSARY OF LEGAL TERMS

Many legal terms related to social services are hard to understand, especially when they are shortened into acronyms. The following are some frequently used terms defined.

**GUARDIANSHIP-** *The position of being legally responsible for the care of someone who is unable to manage their own affairs.*

**POA- Power of Attorney,** *the legal authority to act for another person.*

**MEDICAL POWER OF ATTORNEY/ POA-** *A document that gives an individual or individuals power to make medical decisions for a designated person.*

**FINANCIAL POWER OF ATTORNEY/POA-** *A document that gives an individual or individuals power to make financial decisions for a designated person.*

**NSA Representative- Necessary Supplemental Accommodation Representative,** *appointed when someone has no guardian or their guardian lives out of area. The NSA Representative will help the individual understand documents, but may not sign for the individual.*

**NATURAL SUPPORT-** *Family, friends, and community resources.*

**PAYEE-** *A company or individual that is given the right to maintain an individual's finances and make sure their bills are paid and their needs are met.*

**DDA- Developmental Disabilities Administration,** *a body that provides oversight and rulemaking for agencies that serve people with developmental disabilities.*

**SSI- Social Security Income,** *not based on employment, but can be impacted if you become employed.*

**SSD- Social Security Disability,** *based on employment.*

**DSHS- Department of Social and Health Services**

**ACCS- Asotin County Community Services**

### Habit Two: Begin with the End in Mind.

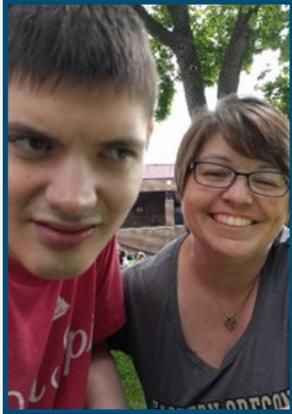
As we continue to discuss Stephen Covey's book, "7 Habits of Highly Effective People," we turn to the idea of writing a mission statement as a means of setting a life goal. Let's say my mission statement is, "I am kind and fair to everyone." My mission statement hints at where I want to end up. Maybe I want to end up being a teacher, because teachers are people who try to be kind and fair to everyone. I haven't yet considered the steps to becoming a teacher, but I have defined where I want to end up. Now, that I know where I want to end up, planning the steps I need to get there is much easier. That's what Covey means when he says, "Habit Two: Begin with the End in Mind."

Covey Quotes by Vanessa Lombard:

- All things are created twice—in thought first, before it takes physical form.
- Become your own first creator.
- Develop a personal mission statement, and reference it whenever you feel discouraged.
- Start your mission statement from your center of influence (your positive qualities).
- Take time and thought to create your mission statement. Base your mission statement on your principles.
- Expand your perspective.
- Have an affirmation, or encouraging words to live by, and visualize what you will obtain.
- Identify and organize your roles and goals.
- Success is all about organizing things so that you are effective in every area of your life. So organize your mission statement to reflect what priority a certain goal or role is.

*"We are what we repeatedly do. Excellence then, is not act, but a habit." -Aristotle*

## STAFF FEATURE



Carla Rodgers was born in Gooding Idaho. After living in various places all over the Pacific Northwest, Carla's family found the Lewis-Clark Valley and decided to stay. Carla graduated from Asotin High School in 1990 and was married two years later. She and her husband have three children; two boys and a girl. Carla went to Lewis Clark State College and graduated with a Bachelor's in Social Work in 2011.

After Carla graduated, she went to work with Alternative Nursing Services (ANS), where she found she had a knack for advocacy. She moved from ANS to Asotin County Community Services (ACCS) in 2016, where she was appointed community access coordinator for a vulnerable population of people with disabilities residing in a nursing home in Clarkston. Being passionate about improving the lives of people who have little mobility or opportunity to integrate into the wider community, the position was a good fit. She was instrumental in developing a plan that carved a way out of the nursing home for a young man who had been confined there due to a lack of options for safe, independent living.

Carla is a bookworm who loves to collect teddy bears and make quilts. Each Spring, she and her husband plant a large garden full of hot peppers so they can make their famous salsa. Having a little salsa in her personality has served Carla well as an advocate for people with disabilities.

### *Independence Day for People Who Advocate!*

*The 4th of July is a celebration of the winning of independence for our nation. America was once a colony under the rule of England. We wanted to form our own government, so we went to war with England to gain independence.*

*People with disabilities also wage a certain kind of war to gain independence. We stand up and fight (advocate) for what we need in order to reach our goals. Fierce advocacy for accessibility to public places brought about significant changes over the last 30 years. It was not THAT long ago inaccessibility to public places was the norm.*

*"At the time of the late 1980s, too many people with disabilities were out of sight and out of the minds of the general public," says Katy Neas of Easter Seals, a century-old, Chicago-based nonprofit organization that helps people with disabilities.*

*Accessibility is just one of the rights for which we must continue to advocate. Being active in shaping policies and laws through advocacy is how we win the war against discrimination. Searching on the internet for local and national advocacy groups to join is a great way to get started.*

### 4th of July

Asotin County Community Services will be closed on Tuesday, July 4, 2017. There will be no janitorial services at the Corps or the Social Security building. Please call the office 758-8349 if you have questions. **Be safe! Enjoy the holiday.**



- Check your timesheet. Make sure it is correct! If not, call us by June 28, 2017, for correction this pay period.
- July 5, 2017: Payday!!!
- July 6, 2017: 4:30-5:30 Advisory Group meeting at ACCS—We review our "Strategic Plan."
- July 19, 2017: 1:30-2:30 Safety Meeting for All Who Work on Federal Contracts (levee, corps, social security)