

Asotin County Community Services Employment Newsletter

Serving the Lewis-Clark Valley since 1973

All people living, working, learning and playing in a community based on abilities, not disabilities.

Our phone number: (509) 758-8349; Our website: www.asotincommunityservices.com

March 2017 Edition Designed by Vanessa Lombard; Edited by Cynthia Tierney

DISABLED PARKING GUIDLINES

- You can't walk 200 feet without stopping to rest.
- Your ability to walk is severely limited due to an arthritic, neurological, or orthopedic condition.
- You're so severely disabled that you can't walk without the use of or assistance from a brace, cane, another person, prosthetic device, wheelchair, or other assistive device.
- You use portable oxygen.
- You're restricted by lung disease to such an extent that forced expiratory respiratory volume when measured by spirometry is less than 1 liter/second or the arterial oxygen tension is less than one liter per second.
- physician assistant, or advanced registered nurse practitioner must document that the disability is comparable in severity to the others listed above.
- You're legally blind and have limited mobility.



March is Cerebral Palsy Awareness Month

from www.firefly.com



1. "Cerebral palsy isn't contagious. Relax."
2. "Cerebral palsy is caused by the bit of your brain that controls your muscles."
3. "Over 90 percent of cerebral palsy cases are caused pre-birth."
4. "Cerebral palsy doesn't necessarily mean [learning disabilities](#). People with CP often have an equal or better IQ than everyone else."
5. "Most people with CP have a similar life expectancy to everyone else. We're not leaving anytime soon."
6. "Cerebral palsy doesn't mean never walking. Many can, many will."
7. "Cerebral palsy can impair communication, but we find ways."
8. "Kids with CP are still kids. Nothing more, nothing less."
9. "About half of kids with CP are born prematurely."
10. "There's no cure for cerebral palsy yet. But nobody is giving up."
11. "People with cerebral palsy can lead completely independent lives."
12. "Many kids with cerebral palsy can, will and should go to mainstream schools."
13. "Cerebral palsy doesn't always save you from a stressful, high-pressure job."
14. "Cerebral palsy doesn't necessarily improve or worsen on its own."
15. "There's nothing 'wrong with me,' I just have cerebral palsy."
16. "You'll see many competitors with cerebral palsy in this month's winter Paralympics."
17. "There are four types of CP: spastic, dyskinesia, ataxic, and mixed."
18. "Cerebral palsy is the most common childhood disability."
19. "CP affects about 17 million people, equivalent to everyone in the Netherlands."
20. "Around 350 million people are connected to someone with CP."
21. "Every case of cerebral palsy is as unique as the person who has it."
22. "One in every 500 babies is diagnosed with CP."
23. "Two-thirds of kids with CP can walk."

...Read more at www.firefly.com

Staff Feature



Jenn Jones born in La Mirada California. She joined Asotin County Community Services in 2016. As our youngest staff member, Jenn has many goals and dreams for the future. She is studying phlebotomy at LCSC, where she is learning to draw blood from people for health tests. This is very brave of Jenn, because she does not like the idea of being poked with a needle for blood tests. She figures if she learns to draw blood gently and painlessly, she will be a very popular phlebotomist, indeed. After she graduates, Jenn's goal is to live in Coeur d'Alene to be nearer her younger brother.

Check and Notify

It's a good idea to check your timesheet with your calendar or personal planner. If you believe you've found an error call us at (509) 758-8349 by noon on the 27th of each month. Errors called in later than noon on the 27th of each month will be corrected in the next payroll period.

RESOURCES

Disability.gov: information regarding civil rights, health, housing, employment, emergency preparedness, employment and more

<http://www.ablenrc.org/>: Able National Resource Center, focusing on investment, support and resources of the country's largest and most influential national disability organizations

<http://www.jobaccess.org/>: By posting job opportunities, or searching resumes, employers can put qualified persons with disabilities to work

For more resources, try <http://apse.org/resources/resources-for-individuals-and-job-seekers/>

Safety Meeting: 1:30PM until 2:30PM on the 3rd Wednesday of every month (April 19th, May 17th) . A must meeting for anyone working on the levee, social security, or at the Corps

